

# The Ashbourne School of Dance

Principal: Mrs Tina Dodsworth, TAAD, TMAG

Tel: 01335 344665

## BEGINNER CLASSES

### 3 – 4½ YEAR OLDS – MINI MOVERS

This class is based on basic ballet steps with lots of fun including singing, rhythm practice and general co-ordination. Designed for pre-schoolers/complete beginners unaccompanied.

Thursdays 9.15 – 9.45AM or Saturdays 9.00 – 9.30AM

### 5 YEARS+ - INTRO. BALLET

This is a progression of the above class and works towards the 1<sup>st</sup> exam with The Association of American Dancing, Intro. Ballet.

Thursday 4.00 – 4.30PM or Saturdays 9.40 – 10.10AM

### 5 YEARS+ - INTRO. TAP

This is a separate class to the Ballet and works on the 1<sup>st</sup> exam grades as above.

Thursdays 4.40 – 5.10PM or Saturdays 10.15 – 10.30AM

### 5 YEARS+ - INTRO. ACRO

This is based on floor work of Gymnastics that combines dance & contortionism. Basic tricks such as rollovers, cartwheels and bridges are learnt.

Wednesdays 4.00 – 4.30PM or Saturdays 10.20 – 10.50AM

### 5 YEARS+ - INTRO. MODERN

Modern combines all styles of dance incl. Ballet, Tap and Jazz. Latest chart music along with favourite classics, which provides a wide variety and lots of fun.

Wednesdays 4.40 – 5.10PM and Saturdays 11.00 – 11.30AM

All ½ hr lessons are £3.50 per class. Payment is generally made weekly for the 1<sup>st</sup> 2-3 weeks to see how the pupil settles in. We then work by payment terms of approx. every 7 weeks. Some classes have waiting lists in force and so places must be pre-booked. A discounted price applies when taking 2+ classes per week.

A set uniform is in place for all lessons and should be purchased on the 2<sup>nd</sup> – 3<sup>rd</sup> week. Our shop sells all the uniform as it's regulation and set by the Association we work under. For more info. or to put your name down, please contact us by either: **phone, e-mail, facebook page or via the website.**